



ADK

fall outing 2019

FRIDAY, SEPTEMBER 6 – SUNDAY, SEPTEMBER 8TH
HARRIMAN STATE PARK

HOST CHAPTERS: MID-HUDSON, MOHICAN,
NORTH JERSEY-RAMAPO, NEW YORK AND LONG ISLAND

THE 2019 ADK FALL OUTING will be in the Lower Hudson Valley, based at The Stephen & Betsy Corman AMC Harriman Outdoor Center on Breakneck Pond in the heart of Harriman State Park. Harriman and adjacent Bear Mountain and Sterling Forest State Parks feature more than 225 miles of marked trails, including the famed Appalachian Trail, Long Path, and numerous lakes, making it a hiker's and paddler's paradise. Other notable parks, Hudson Highlands and the magnificent Hudson River are nearby, as is The Big Apple—just 30 miles from the Center.

Five downstate chapters are collaborating to offer club members and their families and friends a rich selection of outings for all tastes and abilities. In addition to daily hikes, paddles, and other exclusive excursions offered by host chapters, we have evening presentations on Central Park and Sterling Forest, and a singalong with the famous Walkabout Clearwater Chorus, founded by Pete Seeger.

The entire Harriman Outdoor Center has been reserved for on-site lodging, camping, and meals. Offsite, but nearby, hotel rooms are being held for us at discounted rates. Details and relevant links can be found online by visiting the Web address below.

Registration is online, and you will be able to select your accommodations, meals, and outings. All will be available on a first-come, first-serve basis. Don't wait. Early registration is encouraged to secure your preferred lodging and outings.

Go to www.midhudson.org/adk-fall-outing today to find more details about the weekend, including outings and food/lodging options, and to register (online only).

Above: Sunset at Breakneck Pond
Photo courtesy
Ginny Fauci

ADK STORE HOURS
Friday: NOON–6 PM
Saturday: 8 AM–10 AM
& 4 PM–6 PM
Sunday: 8 AM–10 AM



WEEKEND SCHEDULE

FRIDAY, SEPTEMBER 6

- NOON–8:00 PM Registration Open–Conference Rooms
- 12:30–2:00 PM Hikes and Paddles Depart – Patio
- 3:00–8:00 PM Check in for Lodging
- 6:00–7:15 PM Dinner–AMC Dining Hall
- 6:00–7:15 PM Picnic dinner–Lake side Pavilion
- 7:30–8:30 PM Presentations on History of Sterling Forest and Highlights of Central Park–Conference Rooms

SATURDAY, SEPTEMBER 7

- 7:30–9:30 AM Breakfast–AMC Dining Hall
- 8:00–NOON Registration Open–Conference Rooms
- 8:30–10:00 AM Hikes and Paddles Depart–Patio
- 6:00–7:30 PM Dinner–AMC Dining Hall
- 7:30–8:30 PM–The Walkabout Clearwater Chorus–Patio

SUNDAY, SEPTEMBER 8

- 7:30–9:30 AM Breakfast–AMC Dining Hall
- 9:00–10:00 AM Hikes and Paddles Depart–Patio
- 11:00 AM Checkout time
- NOON Event ends.

See you September 18–20th, 2020, at Adirondack Woodcraft Camps, Old Forge, NY

OUTINGS

All will meet and end at Harriman Center except Sunday outings, which may end at outing site.

FRI, SEPT 6 HIKES



H1 Bear Mountain–Appalachian Trail: old and new 4 miles, 1,300' elevation gain—short, strenuous hike **B+**

Leader: Skip Doyle (skipnewyork@yahoo.com)
1:00–5:00 PM—MH
Meet time 12:30 PM, Drive time 30 minutes

Ascend straight up Bear Mountain via the old Appalachian Trail. Visit the 360 degree view atop Perkins Tower. Descend via the stone steps of the new Appalachian Trail. <https://parks.ny.gov/parks/13/details.aspx>

H2 Third Reservoir and hike around Breakneck Pond from the camp **C+**

Leader: Ginny Fauci (gefauci@gmail.com)—MH
Meet time 1:30 PM

This is an easy hike to third reservoir, walk to the other end and then back to hike around Breakneck Pond. We'll be done in time to have a swim and relax before dinner.

H3 Manitou Preserve—4 miles **C**

Leader: Carol Harting (c.harting@verizon.net)—Mohican
Meet time 12:45 PM, Drive time 35 minutes

While this 4 mile hike is rated "C", the trails are narrow and rugged. But it is all worth it as part of the hike hugs the Hudson River shoreline atop dramatic rock outcroppings.

H4 Doodletown—5 miles hike with history **C**

Leader: Kathie Laug (kfriedmanlaug@optonline.net)—Mohican
Meet time 1 PM, Drive time 35 minutes

Come visit this "ghost town" located in Harriman State Park. This picturesque valley was inhabited since at least 1762 and was a crossroads for soldiers during the Revolutionary War. At its height in the 1920's, the settlement had about 70 homes plus a school, church, and several businesses. In the 1960's, the last remaining residents were removed to include the property in the state park. Our walk of about 5 miles will be at a relaxed pace to view the remains of the vanished hamlet and learn more about its history.

H5 Anthony's Nose—3.25 miles, 900 feet elevation gain **C+**

Leader: Barry Leibowitz (barry.leibowitz@gmail.com)—Mohican
Meet time 1:30 PM, Drive time 35 minutes

This will be a short hike at a relaxed pace to a beautiful view of the Hudson River, Bear Mountain and the Bear Mountain Bridge. Perfect for someone from out-of-

HIKE RATINGS

- CLASS A**—Difficult: More than 1500' climb or more than 8 miles distance
- CLASS B**—Moderate: Less than 1500' climb and 6 to 8 miles total distance
- CLASS C**—Easy: Well-graded trails and less than 6 miles total distance
- WALK**—Less than 4 miles total distance, suitable for children

HUDSON RIVER MINIMUM KAYAK REQUIREMENTS

- Kayaks must be at least 13.5' long with dual bulkheads or flotation bags
- PFD must be worn at all times while paddling
- Spray skirt is required



town who has never seen the view from the top of Anthony's Nose and wants to start the weekend with a short hike. Also, if you have seen this view, you know that you cannot experience it too many times.

H6 Hasenclever Mine Circular, 6 miles **B**

Leader: Roland Autran (autran@msn.com)—NJ
Meet time 1:15 PM, Drive time 15 minutes

From the Center, we will car pool to Lake Skannatati parking area for a 1:30 PM start. *TC Northern Harriman Trails map 119.*

H7 Sterling Lake Loop, 4.2 miles **B-**

Leader: Mario Medici (marioamedici@gmail.com)—NJ
Meet time 1:15 PM, Drive time 45 minutes

This hike is intended to provide an opportunity for individuals who have limited hiking experience and/or want an easy hike. Hike around picturesque Sterling Lake with frequent stops. There is an initial climb but relatively level (some moderate inclines) after that climb. Plan on stopping at the "beach" for a short break. Leave AMC Camp at 1 PM. *IC Sterling Forest Trails map 100*

H8 Diltze's Loop, 5.5 miles **B**

Leader: Roy Wooters (rwoot@gmail.com) (845-304-0867)—NJ
Meet time 1 PM, Drive time 45 minutes

Carpool to trailhead at Diltzes Lane. Hike a loop using several trails & woods roads. Return to the AMC Center for dinner. *TC Southern Harriman Trails map 118.*

H9 "Cat's Elbow Hike" 5 mile hike with some of the park's best views **B+**

Leader: Alex Wilkie (856-630-5607)—NY
Meet time 1:15 PM, Drive time 20 minutes

We will be following the Horn Hill Bike Path, and the

Ramapo-Dunderburg and Appalachian Trails. We will look at volcanic rock ledges and stop for a water and snack break at the West Mountain Shelter. This hike is listed as moderate, but there are some strenuous uphill's. Total elevation gain is about 1,400 feet. The hike will start from the Anthony Wayne Recreational Area Far South Parking Lot

Fall Outing participants are invited to visit the New York Chapter's Camp Nawakwa on Lake Sebago for the afternoon. Time: 1 PM to 4:30 PM or so, to enable guests to return to the AMC camp in time for supper

Leader: Ray Kozma (raymondkozma@gmail.com)—NY
Meet time 12:45, Drive time 20 minutes

Participants will gather at the AMC camp for registration/orientation, and then, about 12:30 PM, will be led over to Camp Nawakwa. While visiting, you may go for a paddle or a swim, or just relax and socialize on our porch with a great view of Lake Sebago, take a short, easy hike (2 1/2–3 hours, about 3 or 4 miles) from camp to Lake Skennonto and back.

FRI, SEPT 6 PADDLES



P1 Silvermine Lake

Leader: Tom Amisson (tamisson@aol.com)—MH
Meet time 1:30 PM, Drive time 20 minutes

Silvermine Lake Paddle. Friday, 2-4 PM. This will be a leisurely 2 mile flat-water loop of this moderate size lake. Kayak or canoe is acceptable. Participants must have their own PFD. Suitable for supervised children.

P2 Lake Welsh

Leader: Jane Smalley (jsmallpt@aol.com)—Mohican
Meet time 1:45 PM, Drive time 10 minutes

We will paddle about 3 hours. It will be an easy relaxed

paddle exploring the coves and shoreline of this man-made lake with its half mile long sandy beach in the wooded hills of the Ramapo mountains. Bring kayak or canoe, paddle, life jacket, binoculars, water and a snack. Unfortunately there are no rentals in the area

SAT, SEPT 7 HIKES



H1 Reservoir, Jackie Jones Fire Tower, Ruins of Orak **B**

Leader: Georgette Weir
(georgette.weir@gmail.com)—MH
Meet time 9:15 AM

We will hike from the Center to the reservoirs and then to Jackie Jones Fire Tower and Ruins of Orak and then return on S-BM past the Big Hill Shelter.

H2 Appalachian Trail in Harriman, western half, 10.85 miles, 2200 feet elevation gain **A**

Leader: Mike Vaughan
(michael.t.vaughan@gmail.com)—LI
Meet at 8:45 AM, Drive time 20 minutes

We will start at Elk Pen, having spotted a car at Silvermine Lake. This will be a fairly rugged hike, going through the Lemon Squeezer as well as Surebridge and Fingerboard mountains. We will end at the William Brien Shelter and then descend to the Silvermine Lake parking area. The hike will continue on Sunday. Note: This hike requires a car shuttle. Probably best done by everyone driving to the ending point, spot one or more cars there, then drive to Elk Pen.

H3 Harriman Park, about 8 miles **A-**

Leader: Jean-Claude Fouere
(jcfouere@gmail.com)—MH
Meet time 8:45 AM, Drive time 10 minutes

This "Walk in the Past" hike will take us near several old iron mines in Harriman State Park. From the parking off Seven Lakes Drive at Lake Askoti (NYNJ Trail Conference trail map 119), an approximately 6 miles drive from AMC Harriman Camp, we will head to Times Square (in Harriman Park, not NYC!) trail junction, follow Surebridge Rd. to the Long Path that will take us back to the parking. We will discuss the history of iron mining in the Hudson Valley region, its economic importance and its historic impact.

H4 Mt Taurus **B**

Leader: Barry Skura (barry.skura@gmail.com)—MH
Meet time 9 AM, Drive time 40 minutes

Two options: either a little under 6 miles in and back from the new Highlands trail up to Taurus summit views on Washburn, or 7 mile or so short shuttle also starting from new Highlands trail but returning on some combination of Undercliff, Lone Star and Nelsonville trails.

H5 Appalachian Trail from Franciscan Friars Retreat to Bear Mountain Bridge, 10.3 miles, 2,598 elevation gain **A**

Leaders: Grace Gargiulo (ggarg@aol.com) and Mike Kaiser (michaelckaiser@yahoo.com)—LI
Meet time 8 AM, Drive time 40 minutes



View from Bear Mountain Photo courtesy Ginny Fauci

Appalachian Trail—We will hike the AT for 5.2 miles with great views of the Hudson River along the Hudson Highlands. Lunch at Anthony's Nose. Returning by the same route for a total of 10.4 miles. Hike will start at the Franciscan Friars Retreat.

H6 Long Mountain and Turkey Hill Lake, 6 miles, 10 AM to 2 PM **B**

Leader: Bill Schneider (offsetbill4@optonline.net)—LI
Meet time 9:30 AM, Drive time 30 minutes

A moderately paced hike in the most northern section of Harriman State Park; 6 miles with an elevation gain of 1300 feet. Panoramic views to the east from the open summit of Long Mountain and a visit to the memorial of Raymond H. Torrey, who contributed greatly to the development of the Long Path and Appalachian Trail. We'll enjoy a lunch break on the shores of Queensboro Lake.

H7 Lake Skannatati Circular—#1 **A**

Leader: Glen Nison (gnisonbike@gmail.com) - NY
Meet time 9:30 AM, Drive time 15 minutes

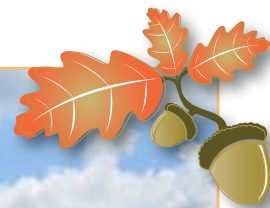
We'll begin at Lake Skannatati parking area off of Seven Lakes Drive. This will be an approximately 9-mile hike with several options to make it a little shorter if needed. We'll move at a moderate pace and there are several steep climbs, rock scrambles (at the Lemon Squeezer) and steep descents. We'll take various trails including the Long Path, Appalachian Trail, Ramapo Dunderberg, Bottle Cap, Arden Surebridge and an old mine road. We'll have several scenic views, see some mines, visit the Lemon Squeezer and enjoy a nice day in the woods. Please wear good hiking boots, and bring at least 2 qts. of water, snacks, lunch, bug spray (deer ticks are out and about) and rain gear if necessary. Poles and a sit pad for lunch will also be helpful and it might be nice to have a camera. This will be limited to 10 people and carpooling will be

arranged amongst the participants as parking could be tight. There will be another group leaving from the same location and heading in a different direction so there's a chance we might meet up in the middle of the hike so you can wave to your fellow ADKers! If you want to follow our progress with real time GPS you can download the Avenza map app (free) on your phone and purchase the New York New Jersey Trails Conference digital map of Harriman State Park. We will probably be out for about 6 hours or so. You might be able to get a quick swim in before dinner.

H8 Lake Skannatati Circular—#2 **B+**

Leader: Ed O'Donnell
(eodonnell@goodwillny.org)—NY
Meet time 9:15 AM, Drive time 15 minutes

We'll begin at Lake Skannatati parking lot off of Seven Lakes Drive. This will be an approximately 7-mile hike with several options to make it a little longer or shorter as there are many connecting trails on this route. There will be lots of interesting sites to see, various mines, Time Square, Bowling Rocks (on the Dunning Trail) scenic views and the famous Lemon Squeezer on the Appalachian Trail. We'll be on several trails including the Arden Surebridge, the Long Path, the Dunning Trail, the White Bar, Lichen and Ramapo Dunderberg. There will be a second group leaving from the same location so there's a chance the two groups might meet during the day. There will be several possible lunch spots with outstanding views. This will be a moderately paced hike with lots of ups and downs and rock scrambling. Good hiking boots, poles, 2 qts. of water, lunch and snacks are required. Bring a camera for the many sites you'll see and a pad to sit on at lunch. Bring rain gear if raining or forecast of rain. This should be about a 5+ hour hike so we should be back in time for a swim before dinner. This will be limited to 10 participants and carpooling is suggested as parking could be tight.



If you want to see where you are on the hike you can get the Avenza map app (free) and purchase the New York New Jersey Trails Conference Harriman State Park combined digital/map.

H9 Moderate, 4 mile, environmentally themed hike lead by horticulturists Katie Bronson and Don Gabel C+

Leaders: Don Gabel (blaugabels@msn.com) and Katie Bronson (kpbronson@gmail.com)—NY
Meet time 9 AM, Drive time 30 minutes

They will highlight our native forest flora and explain the pressures that two invasive species pose to our forest. ADKNY members and other volunteers have been surveying, monitoring, and managing these two invasive species. Hemlock Woolly Adelgid is affecting forest ecology throughout the East Coast. Don will explain efforts to restore Hemlock forests of Harriman. Katie will explain efforts to identify and control the invasive Japanese Aralia tree. Don and Katie will explain the background and goals of these conservation projects in addition to pointing out significant native flora. Hike begins at the hiker's parking lot east of Lake Stahahe on Route 106 and ends at the Elk Pen parking lot along the Appalachian Trail. Transportation will be arranged, as this is not a loop hike. Due to the educational nature of this hike, participation is limited to 16 participants.

H10 Ramapo Torne and Torne View Hike, about 7.5 miles, 4 to 5 hours, moderate to strenuous B+

Leader: Mark Fedow (fedowf@aol.com)—NY
Meet time 9 AM, Drive time 15 minutes

Panoramic views from the Ramapo Torne and Torne view. Some rock scrambling along the way. We will car pool from the AMC Center at 9 AM to a parking area on the ADK Nawakwa camp road. From there we will hike several trails including the Stony Brook, Seven Hills and Reeves Brook on a circuit that will take us to some outstanding viewpoints. (Weather permitting of course). Steady rain cancels. Sturdy hiking shoes and hiking essentials required.

H11 Hike from camp, 8-10 mile A

Leader: Bruce Collins (actz1015@gmail.com)—NY
Meet time 9 AM

"Lollipop" hike, brisk but not killer pace up-and-down, with stops for water, lunch, views, etc. Harriman State Park offers steep climbs, great views, beautiful wood roads, history, etc. We'll hike to Jackie Jones Fire Tower, and possibly Irish Mt. too. Hike goes rain or shine but will be shortened in case of heavy rain or high heat. Bring lunch, snacks, at least 2 quarts of water (more if it's hot), solid footwear.

H12 Popolopen Torne B+

Leader: Micheline Kagan (mfkagan@gmail.com)—LI
Meet time 9:30 AM, Drive time 35 minutes

Starting at Fort Montgomery parking area. Climbing up to the Torne for a 360 degree view of the Hudson Valley. Lunch at the top then a short scramble down the back side of the Torne to the Popolopen Gorge

which may or may not have rushing water. 5 mi. approx. moderate to strenuous but at a relaxed pace.

H13 West Mountain, 6 miles but strenuous; 1750 elevation gain A

Leader: Jane Restani (irabjanea@aol.com)—Mohican
Meet time 9:45 AM, Drive time 20 minutes

This is a difficult hike because of the 1750 feet of elevation gain, which comes in steep doses. It is only 6 miles long but presents spectacular views of Bear Mountain, the Hudson River and various Harriman Park vistas. Rocky footing with moderate exposure. The trailhead is in the Anthony Wayne Recreation Area. Trails utilized: Fawn, SBM and Timp Torne. Bring lunch and wear hiking boots. We won't run but this is not a hike for beginners or the unfit.

H14 Dunderberg-Timp, 8 miles and strenuous, 2500 elevation gain A

Leader: Kathie Laug (kfriedmanlaug@optonline.net)—Mohican
Meet time 9:30 AM, Drive time 30 minutes

A strenuous hike of over 8 miles and over 2500 feet of elevation gain will afford spectacular views of the Hudson River and the remains of the 19th century spiral railway planned to take tourists to the top of the mountain.

H15 AT from West Mombash Rd to Sapphire Trail down to Harriman train Station B

Leader: Carol Harting (c.harting@verizon.net)—Mohican
Meet time 10 AM, Drive Time 25 minutes

This hike involves a car shuttle. We will leave some cars at the Harriman Train Station (free parking on weekends) and shuttle over to West Mombasha Road. We will hike on the AT and then take the Sapphire Trail back to the train station, avoiding Agony Grind.

H16 Bear Mountain Bridge Environs; Views of the Hudson River, 5-6 easy miles C

Leader: Steve Klepner (spk010@yahoo.com)—Mohican
Meet time 9:45 AM, Drive time 30 minutes

Join the leader on a hike suitable for early fall weather. We will start at the east end of the Bear Mountain Bridge. Walking (back) across the bridge, we will take a small section of the AT (paved) through the Zoo and then down to the river. Retracing our steps, we will cross under the bridge and visit Fort Montgomery. Time will be allotted to visit the museum and to view some of the excavations. If time and the inclinations of the group permit, a walk around Hessian Lake will be included. Bring water and lunch.

H17 Breakneck Mountain Circular, 5 miles B

Leader: Margo Moss (acephoto@verizon.net)—NJR
Meet time 9:30 AM

We hike out of the camp on a short, unmarked link leading to the Breakneck Mt. Trail then head south to the Tuxedo Mt. Ivy and on to the Suffern Bear Mountain Trail. Crossing Ladentown Mt on the SBM we return to camp. *TC Harriman South map 118.*

H18 AT Over Bear Mountain, 5 miles A

Leader: Pete Heckler (pheckler@msn.com)—NJR
Meet time 9:15 AM, Drive time 30 minutes

Hike newly restored initial section of the Appalachian Trail over Bear Mountain. Meet 9:30 A. M. at AMC Center Office While the hike is comparatively short it does include a 1300' ascent & descent over 1300 stone steps so it is considered strenuous. Construction of the original section will shortly celebrate its 100th anniversary, this recent magnificent restoration which required more than 3000 volunteers over 85,000 hours to accomplish is a scenic tribute to "The Art of The Possible". *TC Northern Harriman-Bear Mountain Trails map 119.*

H19 Lunch at Panther Mountain, 6.5 miles B

Leader: Geoff Fonseca (geoffonseca@yahoo.com) (845-357-9366)—NJR
Meet time 9 AM

Hike from the Center to explore the Breakneck Mountain, Tuxedo-Mt. Ivy, and Suffern Bear Mountain trails viewing dense mountain laurel thickets, two wetland swamps and panoramic vistas on the summit of Panther Mountain where we lunch. Return to the Center on the Suffern Bear Mountain and Breakneck Mountain trails. Rain cancels. *TC Southern Harriman Trails map 118.*

H20 Black Rock Mountain 5.5 miles A

Leader: Roland Autran (autran@msn.com)—NJR
Meet time 8:30 AM, Drive time 30 minutes

From the Center, we will car pool to the parking lot on Route 106 that you can find at 1369 Kanawauke Road, Southfields, NY for a 9:00 AM start. *TC Southern Harriman Trails map 119.*

SAT, SEPT 7 WALKS



W1 A walking tour of "Hollywood" Beacon

Leader: Chris Cring (Christopher.cring@gmail.com)—MH
Meet time 10 AM, Drive time about 1 hour

We will tour Beacon and places used when filming movie and TV sites as well as well as a few "extra" Hollywood celebrity sites. The tour will include most of the sites used to film Award winning movie "Nobody's Fool" with Paul Newman, Melanie Griffith and Bruce Willis, the police station used in the last Seinfeld episode, the store used in Oscar awarded movie "A Quiet Place" with John Krasinski and Emily Blunt, the funeral home where Jane Fonda's mother was put to rest with Henry Fonda in attendance and the home of old time actor Robert Montgomery and daughter Elizabeth Montgomery of "Bewitched" fame. The tour will be 2.5 hours and we will walk about two miles mostly along Main Street. After for those interested, we will have lunch at the Yankee Clipper Diner, where Paul Newman worked in the movie "Nobody's Fool".

W2 Brooklyn Bridge and DUMBO (Down Under the Manhattan Bridge Overpass) Walking Tour

Leader: Mario Medici (marioamedici@gmail.com)
Licensed New York City Tour Guide and ADK North

Ramapo Chapter member will provide expert commentary during the tour. Cost per person: \$55.00. (Discounted from \$110) Limit 13 people.

Departure Time: 8:30 AM from the AMC Harriman Outdoor Center in Harriman State Park

Return Time: 4:30 PM (can vary based on ferry and/or traffic conditions) at the AMC Harriman Outdoor Center in Harriman State Park

This walking tour will start on the Manhattan side of the Brooklyn Bridge. We'll walk across one of New York's (possibly the world's) most iconic bridge and learn the amazing story behind this world-famous landmark. This is a great opportunity to take spectacular photos with great views of the Manhattan skyline. The tour continues on to the DUMBO area, one of the trendiest neighborhoods in Brooklyn. The tour will stop for lunch at a local restaurant (not included in tour price) or bring your own. After lunch, the tour will continue along Brooklyn Park Promenade taking in unparalleled views of the lower Manhattan skyline and New York Harbor. Time permitting tour will include some of the streets and homes of the historic Brooklyn Heights area. Tour will conclude with a short ferry ride across the East River to Wall Street for the return trip to AMC Harriman Outdoor Center.

An air-conditioned, executive shuttle van will provide professional and courteous, door-to-door service. Click on the following link to view vehicle: <https://www.bbzlimo.com/fleet/executive-shuttle-van/>

SAT, SEPT 7 PADDLES



Beginners' kayak lessons on Breakneck Pond at 10 AM and 1 PM

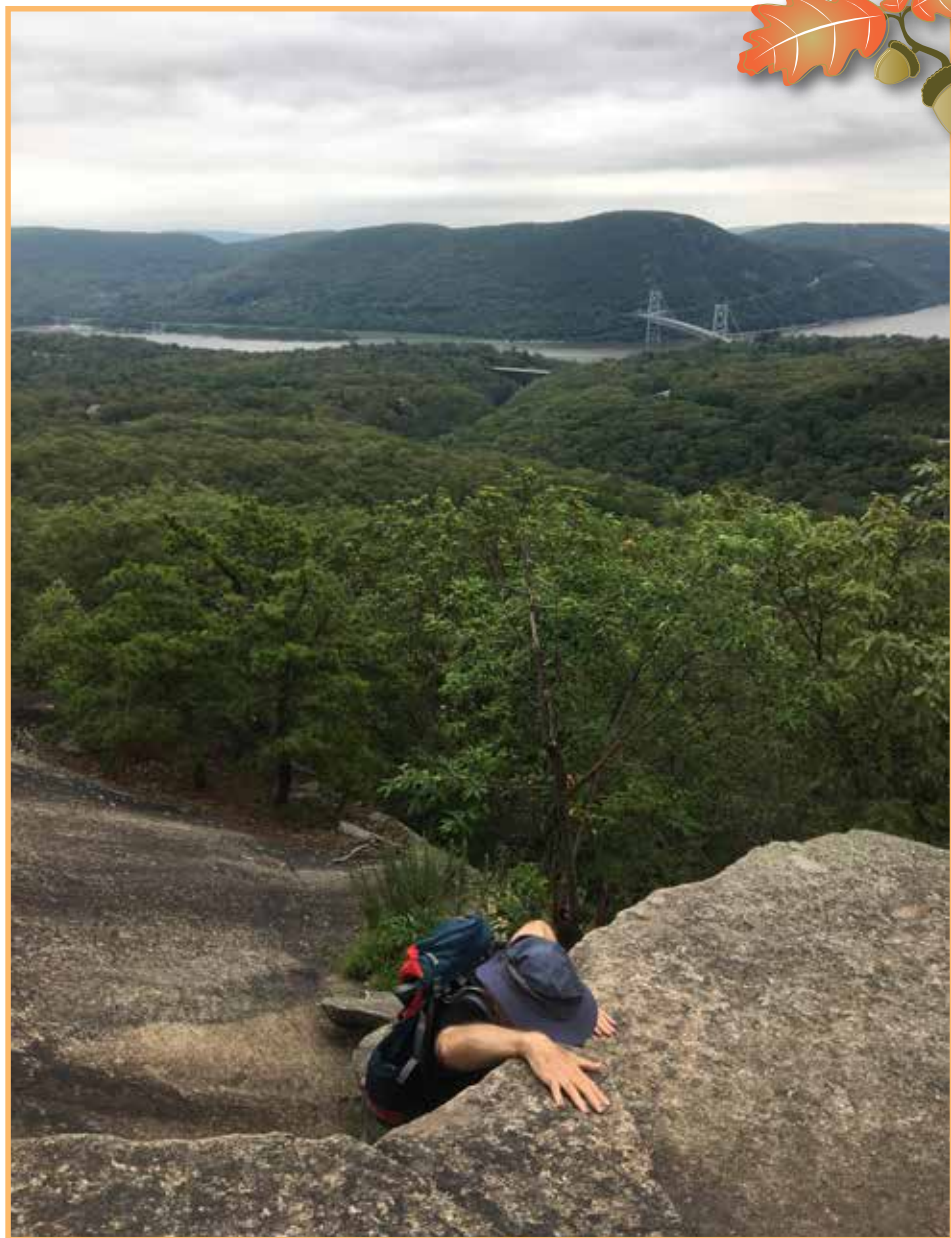
Leader: Don Urmston (mrurmston@gmail.com) (845-549-4671)–MH

ACA Level II Kayak Instructor, Don Urmston will teach the basics of kayaking. Learn about equipment, safety and basic paddling strokes and maneuvers. This class will be hands-on and will take place both on land and on water. There are a limited number of kayaks available with all required equipment or bring your own. All participants must wear a lifejacket.

P1 Lake Tiorati, Harriman State Park

Leader: Russ Faller, Mid-Hudson Chapter Paddling Chair (russoutdoors@yahoo.com)–MH
Meet time 11 AM, Drive time 15 minutes

We'll explore the shores and islands of the second largest lake in Harriman State Park - Lake Tiorati. This lake is over a mile long and over a half mile wide. It's one of the many man-made lakes of Harriman. A dam, completed in May 1915, caused the enlargement of a pond on the northeast end to flood a bog-encircled mud hole on the southwest end. The mud hole and pond was christened Tioratee by Major Welsh, the first General Manager of Harriman Park. This is a Mohegan word meaning "blue like the sky". We'll see how blue the mud hole actually became. On a windy day, you should expect some chop, which could cause problems for novice paddlers. The eastern shoreline is particularly interesting, with its bays and arms. This will be a laid-back, leisurely paddle with lots of time to take



Scramble up Popolopen Photo courtesy Ginny Fauci

in the views, land on an island, search for fauna, etc. Bring your binoculars. You must have your own canoe or kayak and gear. There are no rentals in the area. PFDs must be worn while on water. Bring lunch, water and snacks. This trip will be cancelled for heavy rain. If light rain or intermittent rain, bring rain gear.

P2 Kayak paddle on the Hudson River for experienced paddlers, about 7 miles at 2+ mph pace

Leader: Dave Webber (webberd1@yahoo.com)–MH
Meet time 9 AM, Drive time 30 minutes

Launch site at Mine Dock Park in Fort Montgomery, NY. We'll paddle north to Con Hook Island, take a short break, and then make our way down river to the Fort Montgomery State Historic site for lunch. You'll have time to walk two tenths of a mile up the hill to the visitor center and explore this remains of the Revolutionary War fort. After absorbing some history we'll get back in the boats and see how far up Popolopen Creek we can paddle. From there it's a short distance to the

put in. Your kayak must be at least 13.5' long with watertight bow and stern compartments. You must wear a PFD at all times on the water and I recommend a spray skirt if you have one. Bring lunch, water and your normal safety gear. As usual, Mother Nature is in control and the paddle will be canceled if high winds, thunderstorms or other bad things are happening.

P3 Lake Kanawauke

Leader: Jane Smalley (jsmallpt@aol.com)–Mohican
Meet time 10 AM, Drive time 10 minutes

We will explore all three lakes. About 4 hours at a comfortable pace. If there is time we can explore the much smaller Lake Skanatati just down the road. Lake Kanawauke is a primarily man-made lake in Harriman State Park. The lower and middle lakes were built about 1915 by the Palisades Interstate Park Commission. The upper lake is the only natural lake of the three. Bring kayak or canoe, paddle, lifejacket, binoculars, water and lunch.

SUN, SEPT 8 HIKES



H1 Pilgrimage to St. John's in the Wilderness Church, 9:00–2:00 PM, 5 miles, 500' elevation gain, moderate hike C+

Leader: Skip Doyle (skipnewyork@yahoo.com)—MH
Meet time 9 AM

Convene at beach pavilion for fellowship and sharing of American Nature Writers and Poets. Bring verses of your favorite. At 10 AM, we will hike to Saint John's Church for 12:30 PM Sunday church services, 3 miles, 400' elevation gain. At 1:30 PM we will return to AMC Harriman Center to pick up our cars and return home, 1.5 miles, 100' elevation gain. Make sure everything is out of your accommodation and in your car before the hike.

H2 Moderate hike to North and South Redoubts, 3 miles C

Leader: Barry Skura (barry.skura@gmail.com)—MH
Meet time 9:45 AM, Drive time approx. 35 minutes

Revolutionary War history with fantastic views of Hudson and local landscape. One of the best Hudson Highlands views for the effort. Bring everything with you to drive home from here.

H3 Bear Mountain up the 1000 steps on the AT, down on 1777 and SBM Trail B

Leader: Jean Dolen
(jdol89mntns@yahoo.com)—Mohican

Meet time 9:30 AM, Drive time 25 minutes
Hiking Time: 4 hours
(more if visiting Perkins Tower at the top).

Starting at the Bear Mountain Inn (Rockland County) Southbound on Appalachian Trail, a moderate to steep climb up over 1000 steps graciously built by volunteers for years and will afford spectacular views of the Hudson River. We will switch over to Northbound loop (rocky and steep) (Orange County) on the Appalachian Trail to reach the top. The plan is to return Southbound on the Appalachian Trail (rocky and steep) to the 1777 trail heading Eastbound (fairly level) which connects to the Suffern Bear Mountain Trail (rolling hills) where we will head northbound back into Bear Mountain State Park.

H4 SBM Trail in Harriman, 5 miles round trip C+

Leader: Carol Harting
(c.harting@verizon.net)—Mohican
Meet time 10 AM, Drive time 10 minutes

While this 23 mile end to end hike has been done by many in one day, we will only be doing 5 miles of it as an out and back hike. There are gentle hills and a quiz to identify a particular rock on Irish Mountain as we head over to Pound Swamp Mountain.

H5 Doris Duke, Allis, and AT to Mombasha High Point, 5.9 miles B

Leader: Pete Tilgner/S. Gordon
(petertilgner@icloud.com)—NJR
Meet time 9:15 AM, Drive time 35 minutes

This Sterling Forest hike features one of the parks

newer trails with good views. *TC Sterling Forest Trails map 100.*

H6 Historic Doodletown in Bear Mountain State Park, 6 miles, C

Leader: Peter Reiner (psr7777@gmail.com)—NJR
Meet time 9:45 AM, Drive time 30 minutes

Join a hike from the Bear Mountain Inn via the 1777 Trail to historic Doodletown, a community that thrived from the Revolutionary War up to the 1960's when the Palisades Park took over the area. Stops will include the two family cemeteries, the reservoir, foundations of former homes and the old schoolhouse. Note, there is a \$10 fee to park by the Inn. Pack some food and drink to carry with you. Afterwards, visit the historic Bear Mountain Inn on your own.

H7 Breakneck and Ladentown Mountain Loop, 5 miles B

Leader: Paul Margiotta (pjmm11@verizon.net)—NJR
Meet time 10 AM

Start and end at AMC camp. After a leisurely breakfast and checkout, hike begins at 10:00 AM from the AMC camp. (Vehicles can be left behind.) We begin the moderate 5 mile loop hike by traversing the ridge of Breakneck Mountain and continuing on the Tuxedo—Mt Ivy and Suffern—Bear Mountain Trails. We will stop for lunch at the Third Reservoir and return to the camp by 2:00 PM. See *NYNJ Trail Conference Southern Harriman map 118.*

H8 Appalachian Trail in Harriman, eastern half, 12 or 11.4 miles, 2200 feet elevation gain A

Leader: Mike Vaughan
(michael.t.vaughan@gmail.com)—LI
Meet time 9 AM, Drive time 30 minutes

Starting where we ended on Saturday, we continue East culminating in an ascent of Bear Mountain and ending at or near the bear Mountain bridge. Note: This hike requires a car shuttle. Probably best done by everyone driving to Bear Mountain Bridge, spot one or more cars there, then drive to 7 Lakes Drive and to the selected parking area.

Introduction to Orienteering

Leader: Dave Webber (webberd1@yahoo.com)—MH
Meet time 9 AM at the AMC Camp, Beach Pavilion

Learn about the sport of Orienteering where you will use a map and compass to navigate to points in the woods. After a short classroom session on map reading and compass use you'll head to the woods to try out your new navigation skills. You'll have a detailed orienteering map that shows trails, streams, marshes, rocks, cliffs and even mountain laurel to guide you to the check points. You'll head out alone or paired with someone. I encourage you to try it by yourself. We often don't experience the woods without others around us. We will all start with easy points where you really don't need a compass. After that we'll regroup for review and then you can choose to do a long course that gets you deep off trail with navigational challenges or a short course with easier points and less challenging navigation. *Participants should bring compass (baseplate model preferred), whistle, wear*

long pants and be sure to tick proof yourself and check carefully afterwards.

Visit Camp Nawakwa—9 AM–2 PM or so to enable guest to drive home that afternoon

Leader: Ray Kozma (raymondkozma@gmail.com)—NY
Meet time 9:15 AM, Drive time 20 minutes

Fall Outing participants are invited to visit the New York Chapter's Camp Nawakwa on Lake Sebago for the afternoon. Participants will gather at the AMC camp and be guided over to Camp Nawakwa. While visiting, you may go for a paddle or a swim, or just relax and socialize on our porch with a great view of Lake Sebago or take a short, easy hike (2 1/2–3 hours, about 3 or 4 miles) from camp to Lake Skennonto and back.

Bear Mountain the easy way

Leader June Fait (june.herb@gmail.com)—NY
Meet time 9 AM, Drive time 25 minutes

Before going home let's take a drive up Perkins Memorial Drive to the top of Bear Mountain. The views of the Hudson Valley are great & if we decide to climb the Perkin's Memorial Tower, we can get 360 Degree views. It is possible to park at the top. This will be a great way to end the weekend.

SUN, SEPT 8 WALKS



W1 A walking tour of Beacon during the "Revolutionary War" along the Hudson River Waterfront.

Leader: Chris Cring
(Christopher.cring@gmail.com)—MH
Meet time 10 AM, Drive time about 1 hour

The tour will be a scenic tour along the trails along the Hudson River pointing out important Revolutionary sites along the way including the site of Alexander and Elizabeth Hamilton's first home together when they were newlyweds and where Hamilton wrote some of his most famous documents, Wiltse's dock where General Washington allowed mother and children refugees to sail out on Christmas Eve on a sloop called "Hope" to be united with their fathers in NYC, and where the famous letter was written to George Washington asking him to be "King George". The tour will be about 2.5 hours and we will walk 3.5 miles at an easy pace.

SUN, SEPT 8 PADDLES



P1 Lake Sebago—easy to intermediate

Leader: John Ragusa
(john.ragusa@bnymellon.com) (917-692-1159)—MH
Meet time 11 AM, Drive time 10 minutes

Short drive to the Lake Sebago Boat Launch. We will paddle at a comfortable pace around the perimeter of the lake for about 3 to 4 hours and view the many camps there (including a lunch break). Bring your kayak or canoe, PFD (life jacket), water, sunscreen and lunch or a snack. Feel free to pack all of your belongings in your car if this is the last outing of the day so you can leave for home. Heavy rain or thunder/lightning cancels.