



May 2019

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:  
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

### MHADK OUTINGS SCHEDULE MAY 2019

**Fri, May 3 - Rainbow Falls 9 moderate miles Joint with AMC & Mohonk Preserve**

**Leader: Marty Carp** [martymcarp@gmail.com](mailto:martymcarp@gmail.com) 845-214-8520

Meet at Minnewaska State Park, Lower Awosting Lot at 10:30 am. In case of rain --it's what we want!!! Please confirm with leader.

**Sat, May 4 – Eighth Annual 'I Love My Park Day'**

Volunteer at one of the parks in the area to do clean-up, trail maintenance or whatever else is scheduled to be done at this day. Minnewaska State Park Preserve and the Walkway are two local parks that participate. More info can be found at PFDNY.org (Parks & Trails New York).

**Sat, May 4 - Annual Riverkeeper Hudson River Sweep: Lower Wappinger Creek**

**Leader: Russ Faller** 845-297-5126 (before 9 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com) **Co-Leader: Stan Augie**

Come join us for Riverkeeper's 8th Annual Hudson River Sweep - a day of service for the Hudson & its tributaries. We'll clean-up the lower Wappinger Creek, as well as, the mini-park at the launch. You'll need a boat for the creek litter pick-up, but you can still pick up litter in the park if you do *not* have a boat. (Leader can lend a couple of canoes. Contact Russ.) Wear sturdy footwear that can get wet & clothing that can get dirty. Bring a hat, sunscreen, work gloves water & lunch. If you do *not* have work gloves, leader can supply some. Snacks will be provided if the supermarkets come through with donations. Litter bags will be provided. Meet at the boat launch at 117 Market St., Village of Wappingers Falls at 9 AM. We'll work 'til 1 PM, but you can work as long as you'd like. Afterwards, there'll be an optional social hour over a free beer at a brewery. Please register with Riverkeeper at:

[www.eventbrite.com/e/wappingers-falls-lower-wappinger-creek-cleanup-by-kayakcanoe-and-land-registration-58875923472](http://www.eventbrite.com/e/wappingers-falls-lower-wappinger-creek-cleanup-by-kayakcanoe-and-land-registration-58875923472)

**Tues, May 7 - Hike the Gunks 10 Fast miles W/Scrambles**

**Leader: Marty Carp** [martymcarp@gmail.com](mailto:martymcarp@gmail.com) 845-214-8520

Hike starts 10:30 am. Contact leader for Trailhead info. Knee sleeves & 2 fully charged headlamps a good idea & may be required

**Fri, May 10 - Cary Institute Trails, Easy 3ish miles.**

**Leader: Georgette Weir,** [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com).

We will do a loop comprising the Wappinger Creek Trail and the Cary Pines Trail, with a detour to the Fern Glen, featuring 150 species of trees, ferns, and wildflowers native to our area. Bring water, snack, and tick defenses.

**Fri, May 10 – Gertrude's Nose 8 moderate miles w/optional scramble, Joint w/AMC & Mohonk Preserve**

**Leader: Marty Carp** [martymcarp@gmail.com](mailto:martymcarp@gmail.com) 845-214-8520

Meet at Minnewaska State Park, Upper Lot at 10:30 am. Inclement weather may cancel so please confirm with leader.

**Sat, May 11 - Easy walk Vanderbilt Manson trails Hyde Park NY. C approx. 3 miles**

**Leader: Sayi Nulu** [sayileela@gmail.com](mailto:sayileela@gmail.com) 845-264 2270 ( text preferred)

Starting at the visitor center parking lot we will walk to the mansion and circle it and head towards the gardens. After

checking out gardens we will start on our trail which starts at the corner of gardens. We will take a snack/lunch break at Bard Rock where we will be on the shore of Hudson River. Most of the trail is flat occasionally small incline. We will return to the parking lot. Bring water, snacks dress for the weather. Meet at Visitor Center parking lot at 11:30 am. Confirm with leader.

**Tues, May 14 - Hike the Gunks 10 Fast miles W/Scrambles, Joint w/Mohonk Preserve & AMC**

**Leader: Marty Carp [martymcarp@gmail.com](mailto:martymcarp@gmail.com) 845-214-8520**

Hike starts 10:30 am. Contact leader for Trailhead info

Knee sleeves & 2 fully charged headlamps a good idea & may be required

**Fri, May 17 - Murray Hill, 11 fast miles w/light scrambling Joint w/Mohonk Preserve & AMC**

**Leader: Marty Carp [martymcarp@gmail.com](mailto:martymcarp@gmail.com) 845-214-8520**

Meet at Minnewaska State Parks Upper Lot @ 10:30

In case of inclement weather please confirm with leader.

**Sat, May 18 – 5 Hyde Park Trails Patch-in-a-Day Hike B approx. 6 miles overall**

**Leader: Mike Cunningham 203-748-7233 between 7 p.m. - 9 p.m. or e-mail [hikermiker@yahoo.com](mailto:hikermiker@yahoo.com).**

For the past 9 years, Mike Cunningham of ADK has led a club trip to hike 5 trails and earn a Hyde Park Walkabout patch in a single day. Meet at 9:30 am at Roosevelt Farm Lane parking on Rte 9G, opposite the Val-Kill entrance. We will need to drive between hikes. Fast pace. If it rains bring rain gear. Bring lunch and water. No dogs. Parts of these trails cover land formerly owned by President Franklin Delano Roosevelt and Eleanor Roosevelt. Any e-mails received after noon on 5/17 will not be answered. Pre-registration is not required.

**Sat, May 18 – Hudson Highlands, Beacon Waterfalls and Views. B to B+ 4 miles terrain hike**

**Leader: Margaret Douglas. Voice mail preferred. (845) 661-4132. No calls after 9pm.**

Meet at the Casino Trailhead parking on Howland Ave and Route 9D (Scenic Hudson) for a short shuttle. Confirm with leader. Rain Cancels.

**Sat, May 18 - Hudson Highlands AT, approx. 12 miles A hike**

**Leader: Jean-Claude Fouéré [jcfouere@gmail.com](mailto:jcfouere@gmail.com)**

We will meet at the Dennytown Road, off Road 301 in Fahnestock Park, parking area (by the stone structure), car shuttle to the parking area north of the Bear Mountain Bridge off 9D and hike back along the AT. Refer to Trail Conference East Hudson Trails maps #101 and 103. Contact leader for exact meeting time and car shuttle arrangement.

**Sun, May 19 - Hike/Scramble to Skytop 7-8 miles Joint with Mohonk Preserve**

**Leader: Roberta Forest 845-750-7059**

We will meet at the top of Pine Road at 9:30 a.m. Walking past Duck Pond, we'll take the Duck Pond trail to the Birchen Trail to Staircliff path into the Lemon Squeeze. From there, we'll head for lunch at Lily Pond, after which we'll follow the labyrinth back to the Birchen Trail and reverse our starting route. Rain will cancel. Confirm with leader.

**Tues, May 21 - Hike the Gunks 10 Fast miles W/Scrambles**

**Leader: Marty Carp [martymcarp@gmail.com](mailto:martymcarp@gmail.com) 845-214-8520**

Hike starts 10:30 am. Contact leader for Trailhead info

Knee sleeves & 2 fully charged headlamps a good idea & may be required

**Sat, May 25 –Tremper Mountain Fire Tower, about 1900'; 6.5 miles. Phoenicia, Ulster County.**

**Leader: Georgette Weir, [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com).**

We hope to do this as a shuttle, starting on the northern Willow Road trailhead (very limited space for cars) and ending at the Rt. 40 trailhead. Strenuous, with views from the firetower and, we hope, wildflowers along the trail. Water, snacks/lunch, appropriate footwear required.

**Mon, May 27 – Memorial Day**

**Tues, May 28 - Hike the Gunks 10 Fast miles W/Scrambles**

**Leader: Marty Carp [martymcarp@gmail.com](mailto:martymcarp@gmail.com) 845-214-8520**

Hike starts 10:30 am. Contact leader for Trailhead info

Knee sleeves & 2 fully charged headlamps a good idea & may be required

**SAVE THE DATES:**

**Sat, June 1 - Black Creek Paddle & Clean-up**

**Leader: Russ Faller 845-297-5126 (before 9:30 PM) or [OutdoorsRuss@gmail.com](mailto:OutdoorsRuss@gmail.com)**

Come help clean-up the Black Creek in the Town of Lloyd. Our Chapter worked with the Highland Environmental Conservation Council to clear this water trail many years ago. The maintenance is typically light work. Bring work gloves, loppers, saws, rope. (If you need tools, leader can supply). Trash bags supplied. Bring own boat, paddle & PFD. (Leader can loan a canoe & gear.) Meet at 10 AM in the signed parking area at the bridge on Rt. 299. This is @5 mi. east of the New Paltz exit of the Thruway & @1.5 mi. west of the jct. of Rtes. 9W & 299.

**Sat., June 8 - Kingston Kayak Festival**

**Contact: Russ Faller 845-297-5126 (before 9:30 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)**

A fun-filled day for you and your entire family, whether you're paddlers or have never paddled before. Bring the kids, grandchildren, spouse, partner & friends. Don't let the name fool you. It's not just kayaks. There will be canoes and stand-up paddle boards (SUPs) for you to try. The emphasis will be on education, demonstrations, lessons, and guided tours for all levels of paddler, as well as, for those who've never paddled before. If you have a boat, bring it. We need volunteers to help run this event. You need not be a paddler to be of help - contact Russ. You will not be asked to help for more than a couple of hours, so you'll still be able to do some paddling - a lesson, a guided tour, etc.

Members of the Mid-Hudson Chapter of ADK get in free. Bring your membership card. Non-members are asked to donate \$10 to the non-profit Forsyth Nature Center. Go to Kingston Point Beach, 53 Delaware Av., Kingston, NY, between 10 AM to 4 PM.