



March 2020

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE MARCH 2020

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefaucci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

QUICK RESPONSE CROSS COUNTRY SKIING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

Good snow doesn't last very long around here. That's why you've got to get out and enjoy it right after the storm. If you have the luxury of dropping everything and going out to ski, contact Russ Faller at russoutdoors@yahoo.com to be put on the Quick Response X-C Ski List. When there's a good snowstorm, you'll get an e-mail invitation to ski right after the storm ends. This could fall on a weekend or a weekday. **If you were on the list last winter, you're still on the list. If you want off the list, contact Russ.**

QUICK RESPONSE SNOWSHOEING - GET ON THE LIST NOW!

(PLEASE NOTE: THIS LIST IS A SERVICE OPEN ONLY TO ADK MEMBERS)

If you have the luxury of dropping everything and going out to snowshoe, contact Ginny Fauci at gefaucci@gmail.com to be put on the Quick Response Snowshoe List. When there's a good snowstorm, you'll get an e-mail invitation to snowshoe after the roads are cleared. It could be a weekend or a weekday. **Please contact Ginny to make sure you're on her list.**

INTERMEDIATE SKIING WITH MARTY CARP EVERY MONDAY & FRIDAY, 3-5 HOURS DEPENDING ON CONDITIONS FROM MARCH 2 – MARCH 30

No snow, we will do a moderate hike 6-9 miles. Possible trails may include intermediate scrambles.

Meet @ the Mohonk Visitor Center @ 9:30 am for drive/shuttle to trailhead.

Questions welcomed. Text, email, or call: 845-214-8520 or martymcarp@gmail.com

JOY OF HIKING LIBRARY TALKS

Presented by Eric Harvey, eharvey@fairpoint.net

3/14: Olive Free library, 11:00 Am (located in West Shokan)

3/17: Pleasant Valley Library, 6:30 pm

3/24: Esopus Library, 7:00 PM (located in Port Ewen)

Eric could use volunteers to assist him with his presentations. Please contact him to let him know which library you'll be able to help at. The presentation will include the following information.

Hiking is wonderful way to stay fit and enjoy the beauty of nature. All you need is proper equipment, shoes and clothes. This program will give information about how to stay warm and comfortable outdoors, hiking tips, what gear you will need, where to hike, and information about hiking groups in the area. Examples of hiking equipment and apparel recommended for hiking and snowshoeing will be on display. The session will also cover how to select hikes suitable for your abilities, an introduction to trail maps, and books and resources available at your local library on the subject.

Sun, Mar 1 - High Peterskill End to End hike or snowshoe

Leader: Roberta Forest 845-750-7059

Whether we hike or snowshoe will depend upon ground conditions. Very scenic trail with good views, lots of ups and downs, and some stream crossings. We'll meet at West Trapps parking lot at 9:30 for shuttle to our starting point at lower Awosting lot. From there we will stay on the High Peterskill trail back to our vehicles. Bring water, snacks & lunch. We'll eat somewhere on the trail. Microspikes or similar traction required whether we use them or not. Heavy rain or snow will cancel. Confirm with leader.

Mon, Mar 2 – Ski/hike with Marty Carp, see description above

Fri, Mar 6- Ski/hike with Marty Carp, see description above

Sun, Mar 8 – Catskill Visitor Center Hike & Fire Tower - 5096 Route 28, Mount Tremper, NY 12457, Class C, 1.5 miles.

Leader: John Ragusa 917-692-1159 or john.ragusa@bnymellon.com

We will hike or snowshoe the Interpretive Loop Trail, the Upper Ridge Trail and the Esopus Creek Trail, climb up the Upper Esopus Fire Tower (for those willing) and visit the Catskill Visitor Center where you can find out everything you ever wanted to know about our beautiful Catskill Park.

Directions: From NYS Thruway, take exit 19 – Kingston. After toll booths, get into traffic circle and make first right onto Route 28 west. Take Route 28 west for 18 miles. Catskill Visitor Center will be on the right. Meet in the parking lot at 11:00 am. Confirm with Leader. Heavy rain or snow cancels. Bring micro-spikes (required whether needed or not) or snowshoes if there's snow on the ground. Bring picnic lunch.

Mon, Mar 9 – Ski/hike with Marty Carp, see description above

Fri, Mar 13 – Ski/hike with Marty Carp, see description above

Sat, Mar 14 – Olive Library, 11 am

Sat, Mar 14 - Mills-Norrie S.P. easy 4 miles.

Leader: georgette.weir@gmail.com.

We will start at 10am from the large north parking lot below the mansion at Staatsburgh Historic Site and take foot paths to marina area. Return on River Trail. Meet time: 10am; confirmation deadline: Fri, 8pm. (Hike will be cancelled if there are no confirmations.) Bring water, snacks/lunch. Leader may bring some pruners for light maintenance if needed.

Sun, Mar 15 – Black Rock Forest Beware the Ides of March hike

Leader: Bryan Sachse benttriker@hotmail.com, cell 845-863-7864

Meet at 10am at Black Rock Forest Consortium 9W South Parking Area. Use google maps to find. Intent is about 6 miles B level. Exact loop will depend on conditions. Microspikes mandatory whether we need them or not, iambic pentameter optional. Confirm with leader – who will bring some treats.

Mon, Mar 16 – Ski/hike with Marty Carp, see description above

Tues, Mar 17 – Pleasant Valley Library, 6:30 pm

Fri, Mar 20 - Olana State Historic Site, including tour \$15/person, via the Hudson River Skywalk, 6-7 miles moderate pace pavement and carriage path trek

Leaders: Adrienne Scivolette 845-729-8767 (text preferred) or adscivolette@gmail.com and Ginny Fauci 845-399-2170 (text preferred) or gfauci@gmail.com

We'll meet at 9AM at Thomas Cole National Historic Site, 218 Spring Street, Catskill, which is on the west side of the Rip Van Winkle Bridge. Public restrooms are available at the bridge offices. We'll walk across the bridge on the protected pedestrian path, then proceed north on the path along 23 to enter the grounds for Olana. Our group will enjoy a private 1-hour guided tour (starting at 11 AM) of the magnificent home of Frederic Church, the American landscape painter and

prominent member of the Hudson River School. The fee for the tour is \$15 per adult (no senior/Empire discounts). Following the tour we will explore the grounds and have our lunch picnic-style (picnic tables available). Dress in layers, bring sufficient water, lunch and snacks. Comfortable hiking shoes are recommended. Traction devices may or may not be needed.

Please RSVP to Adrienne at 845-729-8767 (text preferred) or adscivolette@gmail.com so that she may plan a head count for the tour tickets. This outing is limited to 12 trekkers.

Car pools west of the Hudson: Meet Ginny at the Kingston Thruway P&R at 8:30 AM or meet Adrienne at the New Paltz Thruway P&R at 8:15 AM. Confirm with leaders if you are carpooling.

Fri, Mar 20 – Ski/hike with Marty Carp, see description above

Sat, Mar 21 – This is the first in a series of dog hikes for dogs and their humans.

Leader: Sharon Klein 845-255-1045 or musicwithoutwalls@gmail.com

We will meet at 10 am at Pine Road (Mohonk Preserve) parking area and then hike the trails around Duck Pond. Per Preserve rules, dogs must be on a leash not longer than 6' and under owner's control at all times. Humans without pups welcome as well. Confirm with leader. Mohonk day use is \$15 or a yearly pass. Local libraries have 3-day passes available for free.

Mon, Mar 23 – Ski/hike with Marty Carp, see description above

Mon, Mar 23 - Urban hike in Manhattan, Tenement Museum, minimum 15 people (\$28 adult, \$25 seniors)

Leaders: Pat & Anthony Galfano 914-715-4202 or pgalfano3@optonline.net

Meet at Grand Central Terminal at 10 am. There will be 1/2 hour break between tours for lunch (packed is best). Rain will cancel. Less than 15 people will cancel

[11:30am-1pm](#) Walking Tour Outside the Home for 15 adults and/or 15 seniors

[1:30pm-3pm](#) Apartment Tour Meet Victoria Confino for 15 adults and/or 15 seniors

Katz's Deli for food afterwards at 3:00pm then back to Grand Central for train home. Please confirm with leaders.

Tues, Mar 24 – Esopus Library (located in Port Ewen), 7 pm

Fri, Mar 27 – Ski/hike with Marty Carp, see description above

Sat, Mar 28 – Hudson Highlands S.P. (Beacon) strenuous 8 miles.

Leader: georgette.weir@gmail.com.

We will meet at the large parking area at the end of Sunnyside Rd and take the Overlook Trail up to Fishkill Ridge loop via Dozer Junction. We'll do the loop and enjoy great views along the way. Retrace our steps to the parking area. Meet time: 9:30am; confirmation deadline: Thurs, 8pm. (Hike will be cancelled if there are no confirmations.)

Mon, Mar 30 – Ski/hike with Marty Carp, see description above

Tues, Mar 31 - Dennings Point/Madam Brett scenic history hike, 4-5 miles, flat, easy.

Leader: Tom Amisson 203-241-3423

We will meet in the Long Dock parking lot in the morning and walk the newly re-opened Dennings Point loop looking for wildlife and enjoying the multiple scenic vistas. We will visit the remains of the Denning estate as well as the remains of Denning Point industries, referring to Jim Heron's wonderful history book. Call leader to confirm attendance and start time.

LOOKING AHEAD:

JOY OF HIKING LIBRARY TALKS

Presented by Eric Harvey, eharvey@fairpoint.net

4/2: Poughkeepsie Library, 7 pm

6/5: LaGrange Library, 6 pm

Tom Amisson 203-241-3423 is looking for canoe/kayak adventurers to help plan a 5 day trip in the Adirondacks. I'm considering the Moose River but am open to other Class 1, 2 streams. We will camp at DEC sites on route. Please contact him if you're interested.

White Mountains trip will tentatively be July 26-August 1, depending on lodging availability

Leader: Ginny Fauci 845-399-2170 (text preferred) or gefauci@gmail.com.

We will stay at various places during the week as usual and we will hike some 4,000 footers during our week at the leader's moderate pace and hike in a group. If interested, please contact Ginny. Limit 10-12 hikers.

Tues, Apr 28 - The Waterfalls of Beacon. Easy-moderate, 2 hours.

Leader: Tom Amisson 203-241-3423

We will carpool and hike to 3 local waterfalls enjoying the Spring ephemeral flower blooms. Some optional bushwhacking to the top of one of the falls. Call leader for time (morning) and meetup place.

Tues, May 12 - Kayak from Long Dock, Beacon, to Fishkill Creek and waterfalls, 2 hours, 4 miles

Leader: Tom Amisson 203-241-3423

We will look for spawning carp and avian wildlife. Winds >10mph will cancel. Kayak rentals available. Call leader for launch time (morning).