



April 2020

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

### MHADK OUTINGS SCHEDULE APRIL 2020

**Due to COVID-19, MID-HUDSON ADK HAS CANCELLED ALL CHAPTER OUTINGS THROUGH THE END OF JUNE.**

**MID-WEEK HIKES**—The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, [gefauci@gmail.com](mailto:gefauci@gmail.com) 845-399-2170 or Lalita Malik, [Lalitamalik@aol.com](mailto:Lalitamalik@aol.com) (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

### JOY OF HIKING LIBRARY TALKS

**Presented by Eric Harvey, [eharvey@fairpoint.net](mailto:eharvey@fairpoint.net)**

Eric could use volunteers to assist him with his presentations. Please contact him to let him know which library you'll be able to help at. The presentation will include the following information:

Hiking is wonderful way to stay fit and enjoy the beauty of nature. All you need is proper equipment, shoes and clothes. This program will give information about how to stay warm and comfortable outdoors, hiking tips, what gear you will need, where to hike, and information about hiking groups in the area. Examples of hiking equipment and apparel recommended for spring and summer hiking will be on display. The session will also cover how to select hikes suitable for your abilities, an introduction to trail maps, and books and resources available at your local library on the subject.

**National Park Week is April 18th-25th, 2020.**

**Wed, Apr 1 (April Fool's Day) dog hike (humans welcome) to Onteora Lake/Bluestone wild forest.**

**Leader: Sharon Klein 845-255-1045 or email [musicwithoutwalls@gmail.com](mailto:musicwithoutwalls@gmail.com)**

Let's explore the more remote trails as we support the efforts to save this 3000 acre forest preserve from the onslaught of neighboring industrial development. Meet at 10:00 at the parking area on route 28. Registration necessary due to DEC limitation on group size. 5+ moderate miles. Dogs must be leashed.

**Thur, Apr 2—JOY OF HIKING Poughkeepsie Library, 7 pm**

**Presented by Eric Harvey, [eharvey@fairpoint.net](mailto:eharvey@fairpoint.net)**

**Sat, Apr 4—Catskills Great Outdoors Expo, Kingston, NY, 10 am—5 pm**

**Volunteers needed to man the MHADK table for 2-3 hours. Contact Ginny Fauci 845-399-2170 (text preferred) or [gefauci@gmail.com](mailto:gefauci@gmail.com) to volunteer.**

**Fri, Apr 10: Macedonia Brook S.P. in eastern Connecticut (Kent).**

**Leader: Georgette Weir [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

We will hike the Ridge Loop, 6-7 miles; considered strenuous. Beautiful hike with views from the ridge; pretty trout stream in the valley between the ridges. Meet: 9:30am at the park by ranger station. Contact leader to confirm by Thursday, 5pm. The hike will be cancelled if there are no confirmations.

**Sat, Apr 18, West Point Foundry Cove in Cold Spring, a Scenic Hudson park.**

**Leader: Georgette Weir [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

An easy walk of 2-4 miles (depending on whether we go through the village) that includes both natural and early industrial archaeology & history. Some stairs and modest hills; lots to see; a truly unique site. Meet at the park's info

kiosk by the parking lot at 10am. Confirm with leader. The outing will be cancelled if there are no confirmations. Optional lunch/snack in Cold Spring after, on your own or with participants.

**Sat, Apr 18 – Long Dock Park, Denning's Point, and Madam Brett Park Combo, Approx. 6 miles, C+**

**Leader:** Louis Ruidisch (845) 896-9332 [ruidisch3@gmail.com](mailto:ruidisch3@gmail.com) cell (845)453-0871

We will proceed through Long Dock Park and into Madam Brett Park to enjoy both the estuary and waterfall. We will, then, circle around Denning's Point before returning. Bring lunch and 2 quarts water. Meet by the kayak pavilion in Long Dock Park at 9:00 am. Confirm with leader.

**Sun, Apr 19 – Blueberry Run end to end. 10 miles. Moderately Strenuous**

**Leader:** Roberta Forest 845-750-7059

Meet at lower Awosting parking lot at 9:30 am. To get to one end of Blueberry run, we will use Warwarsing Turnpike onto Jenny Lane. It meets Blueberry Run in less than two miles. We then follow Blueberry Run to the end. At this point, we'll get on the Rainbow Falls Trail which we will also take end to end. After that we'll return to our vehicles via Mossy Glen Trail. Expect a lunch stop. Bring any food and water you'll require for a full day hike. Cancelled if raining. Contact leader with any questions and to confirm.

**Fri, Apr 24 – Indian Head Circular Possible Twin Detour**

**Leader:** Marty Carp [martymcarp@gmail.com](mailto:martymcarp@gmail.com) 845-214-8520s

Please register for this not overly brisk paced Catskill hike.

Please call, text or email if you have any questions. Tread Lightly!

**Sat, Apr 25 – Bashakill Wetlands Paddle – Beginning Paddlers Welcome! (C, Easy)**

**Leader:** Don Urmston email: [Mrurmston@gmail.com](mailto:Mrurmston@gmail.com) or phone 845-549-4671 (before 9pm).

Bloomington, NY. Observe ducks, frogs and Bald Eagles as we drift along through this beautiful wetland. We will paddle for 2-3 hours at an easy pace. PFD (Lifeguard) Required! Early season trip so be prepared for cold and some wind. Contact leader for time and meeting place. Register with leader by 4/23

**Sat, Apr 25 – Hyde Park Trails "Walkabout" Kickoff at the Wallace Center, 10 AM – 2 PM**

The new 2020 patch will be introduced, and there will be a guided hike. There is also a recycling event in the parking lot at the same site.

**Tues, Apr 28 – The Waterfalls of Beacon. Easy-moderate, 2 hours.**

**Leader:** Tom Amisson 203-241-3423

We will carpool and hike to 3 local waterfalls enjoying the Spring ephemeral flower blooms. Some optional bushwhacking to the top of one of the falls. Call leader for time (morning) and meetup place.

**LOOKING AHEAD:**

**Sat., May 2. 9th Annual Riverkeeper Hudson River Sweep: Lower Wappinger Creek**

**Leader:** Russ Faller 845-297-5126 (before 9 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)

Join us for Riverkeeper's 9th Annual Hudson River Sweep – a day of service for the Hudson River & its tributaries. We'll clean-up the lower Wappinger Creek (from the Falls to the Hudson) as well as certain land areas along the creek. *You'll need a boat for the creek litter pick-up, but you can clean up the land areas if you do **not** have a boat.* Wear sturdy footwear that can get wet & clothes that can get dirty. Please bring hat, sunscreen, work gloves, water & lunch. (If you do not have work gloves, leader can supply some.) Snacks will be supplied if the supermarkets come through with donations. Litter bags will be supplied. *If you're planning on doing the creek clean-up, bring your boating gear. PFDs **must** be worn while on the water.* Meet at the boat launch at 117 Market St., Village of Wappingers Falls, NY, at 9 AM. (Use Google Maps or contact leader for driving directions.) We'll work until 1 PM or as long as you'd like. At 1 PM, we'll have an *optional social hour over a free beer at a brewery* on an organic farm. Register with leader via <http://www.riverkeeper.org/sweep>. Scroll down to Dutchess County. Choose the event describing the lower Wappinger Creek, Wappingers Falls, NY. If you run into difficulty registering, contact leader.

**JOY OF HIKING LIBRARY TALKS**

Presented by Eric Harvey, [eharvey@fairpoint.net](mailto:eharvey@fairpoint.net)

6/5: LaGrange Library, 6 pm

~~White Mountains trip will be held July 26 August 1. TRIP IS FULL, WAITLIST AVAILABLE~~

~~Leader: Ginny Fauci 845-399-2170 (text preferred) or [gefauci@gmail.com](mailto:gefauci@gmail.com)~~

~~We will stay at various places during the week as usual and we will hike some 4,000 footers during our week at the leader's moderate pace and hike in a group. Limit 12 hikers. If interested, please contact Ginny to be put on Waitlist.~~

~~Tom Amisson 203-241-3423 is looking for canoe/kayak adventurers to help plan a 5 day trip in the Adirondacks. I'm considering the Moose River but am open to other Class 1, 2 streams. We will camp at DEC sites on route. Please contact him if you're interested.~~

~~Tues, May 12 - Kayak from Long Dock, Beacon, to Fishkill Creek and waterfalls, 2 hours, 4 miles~~

~~Leader: Tom Amisson 203-241-3423~~

~~We will look for spawning carp and avian wildlife. Winds >10mph will cancel. Kayak rentals available. Call leader for launch time (morning).~~