



July 2021

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE JULY 2021

Our outings are currently open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES – The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leader: Ginny Fauci, gefaucci@gmail.com, 845-399-2170. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

MID-WEEK PADDLES – Leader: Glenda Schwarze, mschwar582@aol.com. She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2nd and 4th Thursdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.

TUESDAY EVENING PADDLES – Leader: Dave Webber, webberd1@yahoo.com, 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30 pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening paddle list, go to the bottom of the weekly email to update your subscription preferences and select Kayaking.

Sun, July 11 - Paddle the Hudson River from North Germantown 7 to 10 miles; Strenuous

Leader: Russ Faller 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

Launching from Lasher Memorial Park, we'll paddle upriver, on the east shore, and into the pretty Roeliff Jansen Kill. Returning to the Hudson, we'll cross the river and continue to the Ramshorn Marsh for a relatively unblemished glimpse of nature and the fun of paddling through a maze. After lunch, we'll stretch our legs on the Ramshorn-Livingston Sanctuary's trail system. Upon returning to the Hudson, we'll paddle along the west shore and back to Lasher Park. This outing is for experienced paddlers who feel comfortable paddling around tugs with large barges and ocean-going freighters. Sometimes the water gets rough. Be prepared to cross the river in a close pod. Sea touring kayaks with dual bulkheads and at least 13.4 ft. long are required. Canoes are also acceptable as long as the paddlers are able to keep up with the faster kayaks. Kayakers must bring a bilge pump and spray skirt. Whatever you're paddling, you'll need to bring an extra paddle, first aid kit, lunch, snacks and water. PFDs must be worn while on the water. Please go to midhudsonadk.org/covid19 to review the latest requirements. Must confirm with leader.

Sun, July 11 - Early Morning - Vanderbilt estate in Hyde Park

Leader: Georgette Weir georgette.weir@gmail.com

Beat the Heat with an early morning walk, bring your own breakfast snack. About 3 miles. Small group. Current covid guidelines apply. Must confirm with leader.

Mon, July 12 - Balsam Lake Mountain Loop B Level -- slow pace

Co-leaders: Pete Cantline trailmate@hvc.rr.com 845 797 5153, Sue Mackson suemackson@gmail.com 845 471 9892

You don't have to be doing the Fire Tower Challenge to join this hike to the westernmost of the Catskills fire towers, the westernmost of the Catskill High Peaks. This will be an approx. 7-mile loop hike on fairly gentle slopes at a slow pace. Sections are eroded and very rocky, a downhill section with rocky steps. The views from the tower are lovely. Covid Guidelines will be followed. 6 spaces in addition to the leaders. Directions and start time upon registration with Sue.

Sun, July 18 - Early Morning - Locust Grove in Poughkeepsie

Leader: Georgette Weir georgette.weir@gmail.com

Beat the Heat with an early morning walk, bring your own breakfast snack. About 2 miles. Small group. Current covid guidelines apply. Must confirm with leader.

Sun, July 26 - Early Morning - Roosevelt Woods in Hyde Park.

Leader: Georgette Weir georgette.weir@gmail.com

Beat the Heat with an early morning walk, bring your own breakfast snack. About 2.5 miles. Small group. Current covid guidelines apply. Must confirm with leader.

Mon, July 26 – Fri, 30 - Oswegatchie River Basecamp in the Five Ponds Wilderness, NW Adirondacks Flatwater with riffles and current 23 miles without headwaters paddle strenuous

Leader: Russ Faller 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

This remote river leads paddlers into a real wilderness - no roads. The Five Ponds Wilderness has a large stand of old growth forest and dozens of pristine lakes. The Oswegatchie twists & turns through a boreal marsh and into a conifer forest. It is a paddler's and a hiker's nirvana. You can only get in by paddling or walking. Arrive Monday afternoon (7/26) to Inlet, near Wanakena, NY. Then paddle a few miles to a campsite on the river. On Tuesday, we'll continue up the Oswegatchie to basecamp somewhere near High Falls. On Wednesday and Thursday, we'll explore by (1) hiking up Cat Mtn. for the exceptional view or to the 5 ponds that give this area its name and (2) paddling to the headwaters of the Oswegatchie. If we decide not to do the headwaters paddle because of the many, many beaver dams, we'll do the 2 hikes mentioned. Friday, we'll return to our cars. Expect to get out of your boat to pull over beaver dams on the way to High Falls. (There are not as many dams below High Falls.) You may have to line your boat through the riffles or shallows, so be sure your boat has a bow line. There are no portages, except a short one around High Falls, with an empty boat, if we do the headwaters paddle. Canoes & kayaks are acceptable. But since the river is narrow and with many tight turns, you'll need a boat that turns easily and quickly. Sea touring kayaks are not recommended. This trip is designed for intermediate paddles, although novices should also be able to do it. Group size is limited to comply with DEC regulations. This trip is jointly listed with AMC so register early. Must confirm with leader.