



August 2021

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly

MHADK OUTINGS SCHEDULE AUGUST 2021

Our outings are currently open to ADK members only. Group sizes may be limited.

Please follow our [COVID-19 Safety Hiking/Paddling Guidelines for Outings](#)

(If changes/additions to these hikes occur, they will be found on the website & will be listed in the weekly e-mail)

MID-WEEK HIKES – The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leader: Ginny Fauci, gefauci@gmail.com, 845-399-2170. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription.

MID-WEEK PADDLES – Leader: Glenda Schwarze, mschwar582@aol.com. She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2nd and 4th Thursdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.

TUESDAY EVENING PADDLES – Leader: Dave Webber, webberd1@yahoo.com, 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30 pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. To add your name to the Tuesday evening paddle list, go to the bottom of the weekly email to update your subscription preferences and select Kayaking.

Monday, Aug. 2 – Mills-Norrie S.P. Hike + Trail Maintenance

Leader: Georgette Weir, georgette.weir@gmail.com

We will do a loop service hike of 4-4.5 miles, doing light clipping, mostly at trail heads. A morning outing. Leader has some club tools. Contact Georgette for more info.

Wed, Aug 4 – Hike and Swim at Nuclear Lake

Leader: Sue Mackson, 845-471-9892, suemackson@gmail.com

Nuclear Lake is a lovely, small lake along the Appalachian Trail near Pawling. We will meet in late morning to walk the two miles to the lake, walk around it, then lunch on its shores with option to swim in its waters, which are clear of radioactive pollution but unmonitored by life guard. Option to add an extra two miles to Cat Rocks for the view from the heights of West Mountain. Bring lunch, and appropriate gear for swimming for that option. Covid Rules apply. Maximum of ten hikers which includes the leader. Must confirm with leader.

MEMORIAL HIKE FOR BARRY SKURA

Thurs, Aug 5 – Millbrook Mountain / Gertrude’s Nose Loop, ~7+ miles, B+

Leaders: Ginny, Lalita and Adrienne. Please confirm with Ginny, 845-399-2170 (text only) or gefauci@gmail.com.

Join us and Kathy Skura as we hike the Gertrude’s Nose loop in memory of Barry & the last time he & Kathy hiked it together with us on April 23. We will split into smaller groups as we hike and will all meet at Gertrude’s Nose for lunch. Bring your stories of hiking with Barry to share with everyone on Gertrude’s Nose. Limit of 30 hikers.



Thurs, Aug 5 – Norrie Point [85.4] – Roundout Creek [92.1] – about 13 miles paddle taking advantage of the tides [Kingston L~6:32AM; H~12:42PM] 8:00AM launch time

Leader: JeanClaude Fouere, jcfouere@gmail.com

We will launch from Norrie Point marina and paddle to the Roundout Creek in Kingston and back. Minimum 13.5' kayak with flotation. PFDs required. Strong wind, stormy weather will cancel.

Fri, Aug 6 – Hudson River Paddle from Tivoli, Skilled Paddlers, no more than 6 miles

Leader: Russ Faller, 845-297-5126 (before 9 PM) or russoutdoors@yahoo.com

Paddle upriver to the Esopus Creek and the Saugerties Dam. Lunch at the Saugerties Lighthouse picnic area for great views up and down the river and cooling breezes. Possible dip before heading down river to, and into, Tivoli North Bay. High tide is about 1:30 PM. Paddle back to Tivoli Riverfront Park (about 1 mile). This trip is for experienced “big water” paddlers. You must feel comfortable crossing the river and paddling with the wakes of power boats and tugs with large barges. Kayaks must be at least 13.5 feet long and have dual bulkheads. Bring a bilge pump and an extra paddle. A spray skirt is recommended. Life jackets must be worn while on the water. Also bring water, lunch and snacks. Canoes welcome as long as the paddler(s) can keep up with the faster kayakers. Optional apres-paddle stop in Tivoli for refreshments. This outing will be cancelled due to significant rain and/or winds over 10 mph. Confirmed participants will receive meeting time and driving directions.

Thurs, Aug 12 – Kayak Rescue Class at White Pond

Leader: Don Urmston, mrurmston@gmail.com

ADK member Don Urmston has volunteered to teach another kayak rescue class at White Pond. Don is an ACA certified instructor. White Pond is located at the border of Dutchess & Putnam Counties; the water quality is excellent. Skills will include assisted and self-rescues. Contact Don for details. This class is limited to 8 people.

Sun, Aug 15 – Paddle & Swim the Rio Reservoir

Leader: JeanetteTB, jeanettetb.ny@gmail.com

The Rio Reservoir in Sullivan County, NY is a beautiful place to kayak... and is prime eagle-viewing country! We’ll stop midway for a break to swim in the clean water of the reservoir, and may stop for the short hike to a beautiful waterfall. We’ll paddle at least 5-6 miles (more if we continue to the dam.) PFD required. Must confirm with leader for meeting place and time. Group size is limited.

Sun. Aug 15, Westkill (Catskill 3500 peak) and Diamond Notch Falls. 8 miles rated A

Leader: Sharon Klein Email: CatsNGunks@gmail.com

Rescheduled from last month due to bad weather. We will do this as a traverse over St. Anne’s Peak, stopping for a swim in Diamond Notch Falls. Car shuttle required. Apres-hike to be held at Westkill Brewery (optional). This is a strenuous hike at a relaxed pace. No one will be left behind. Great views near the summit! Registration is open. As of this writing there are 4 spots left. Confirm with leader for start time and location. Vaccinated hikers only please, due to car shuttle.

Mon, Aug 16 – Fahnestock S.P., Moderate (B) hike

Leader: Georgette Weir, georgette.weir@gmail.com

The plan is to start from Dennytown Road and do a loop (lollipop) hike at a moderate pace past a couple of small lakes. Some up and down. 5-6 miles.

Fri, Aug 27 – Cabot Mountain, Little Pond, Western Catskills; hike, paddle and picnic

Leader: Sharon Klein, email: CatsNGunks@gmail.com

We will hike Cabot Mountain on the Touch-Me-Not trail section of the Finger Lakes trail in the Western Catskills 11 miles from Livingston Manor. This moderate hike at a relaxed pace, will be a traverse of 4.5 miles with a short shuttle. It will end at Little Pond State campground where we will have an after-hike picnic and have an opportunity to rent kayaks on site. I will be camping there overnight Thursday and Friday. If you want to camp you must reserve a spot with ReserveAmerica.com. Must confirm with leader. Excessively hot weather will cancel hike part.

Sat, Aug 28 – Snake Hill Hike, Newburgh, NY. 3.0 miles, Class B.

Leader: John Ragusa 917-692-1159 or jrjr1059@msn.com

This is the Hudson Valley's hidden gem. Newburgh's highest peak with commanding views of the Hudson Highlands and the River between it. Beginning at picturesque Crystal Lake, follow a 1.5 mile woodland trail past an old Jewish cemetery then steadily uphill to the 700 ft summit and take in the spectacular views. Parking area is small so maximum of 6 hikers. Must be an ADK member. Must confirm with Leader for meeting place and time.