



August 2022

MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly.

MHADK OUTINGS SCHEDULE AUGUST 2022

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: **Ginny Fauci**, gefauci@gmail.com 845-399-2170 (text preferred) or **Lalita Malik**, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription

MID-WEEK PADDLES – Now on Tuesdays!

Leader: Glenda Schwarze schwar582@aol.com She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2nd and 4th Tuesdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.

Sun, Aug 7 - Paddle the Wallkill River from New Paltz's Sojourner Truth Park

Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

This outing is joint with AMC. Besides confirming with Russ, this hike requires an online registration with AMC. Contact Russ for the AMC link on/after July 26 and register early.

This paddle is being relocated due to a harmful algae bloom (HAB) at the launch on Chodikee Lake. According to the NYS DEC, HABs must be avoided. The new location is the Wallkill River from New Paltz's Sojourner Truth Park. There will *not* be a hike included. This relocation is still suitable to canoes & all types of kayaks. Beginner paddlers can handle this outing.

Bring 2 qts. of water, lunch, hiking boots/shoes, your boat & gear. Contact leader for driving directions, meeting time & place. All ADK COVID rules regarding vaccination will apply.

Wed, Aug 10 - Norrie Point to Kingston Roundout Paddle – Advanced Paddle

Jean-Claude Fouéré (tel. 845-462 1909; jcfouere@gmail.com)

We'll launch at Norrie Point marina early in the morning, paddle to the Kingston Roundout, visit the Maritime Museum and paddle back in the early afternoon taking advantage of the tides, for a total of approximately 14 river miles.

As part of our Hudson River discovery, we will comment on the great estates bordering the river shores and on the major economic importance of the Roundout shipping hub in the 19th century.

Participants must have a kayak with bulkheads, 13.5 feet or longer; PFD required. Contact leader by Aug. 8 for exact launch time. All ADK COVID rules regarding vaccination will apply.

Fri, Aug 12 - Hudson River Paddling, Waterfalls & Swimming from Glasco

About 8 + 1/2 mi. (more if we enter Tivoli Bay) Relaxed pace

Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

This outing is joint with AMC. Besides confirming with Russ, this hike requires an online registration with AMC. Contact Russ for the AMC link on/after August 2 and register early.

From Glasco Mini Park, just north of Kingston, we'll paddle north to Scenic Hudson's Falling Waters Preserve, then walk the trail to the falls. We'll have the option of a swim on the northside of the point, where the water is deep and clearer. Then we'll cross the river to Magdalen Island, where we've seen bald eagles. (We'll decide whether or not to tour Tivoli North Bay Wildlife Mgmt. Area.) We'll paddle down the eastern shore to Cruger Island, then cross back over to Turkey

Point State Forest, where we'll stretch our legs and have the option of another swim. We'll end the paddle by going 2 mi. up the western shore back to Glasco Mini Park. Kayaks must be 13.5 ft. or longer & have dual bulkheads. Canoeists need to be able to keep pace with the faster kayaks. PFDs are required while on water. Kayak spray skirts & bilge pumps are recommended. A spare paddle is good. Paddlers need to feel comfortable crossing the Hudson with tugs & barges and fast-moving powerboats. Paddlers should know how to do a wet exit and assisted re-entry. This outing will be cancelled if double-digit winds or significant rain is forecast. All ADK COVID rules regarding vaccination will apply.

Sat, Aug 13 - Paddle "The Flight of Locks" in the Erie Canal (RENTALS AVAILABLE)

Leader: JeanetteTB, jeanettetb.ny@gmail.com

If you've always wanted to paddle through the locks on the Erie Canal, this is your chance! We'll spend a leisurely afternoon paddling through five historic locks. The "Flight of Locks" is a series of five locks in Waterford, NY. This is a 2.7 mile, one-way stretch of quiet water with a lift of 169 feet (approx. 30 feet per lock). We'll enjoy dramatic scenery, towering locks and easy paddling. Rentals are available, or you can bring your own kayak/canoe. Beginners welcome. The one-way paddle will take several hours; the bulk of the time is spent in the locks. We'll meet around noon to give you time to drive to Waterford on Saturday morning. Those interested can meet for a late lunch/early dinner before the long drive home. You MUST wear a PFD (Personal Flotation Device) while in the water. Please contact leader if you are interested and indicate whether you will need to rent a boat.

Fri, Aug 19 – Cold Spring – Popolopen Creek Paddle – Advanced Paddle

Jean-Claude Fouéré (tel. 845-462 1909; jcfouere@gmail.com)

We'll launch at Cold Spring Foundry Dock Park early in the morning, paddle to Popolopen Creek and paddle back in the early afternoon taking advantage of the tides, for a total of approximately 14 river miles. As part of our Hudson River discovery, we will comment on this very strategic section of the Hudson River during the Revolutionary War. Participants must have a kayak with bulkheads, 13.5 feet or longer; PFD required. Contact leader by Aug. 17 for exact launch time. All ADK COVID rules regarding vaccination will apply.

Sun, Aug 21 - Kayak and Walking Tour of Bannerman Island *TOUR INCLUDES KAYAK*****

Coordinator: JeanetteTB, jeanettetb.ny@gmail.com

This is not an official ADK outing since we are using a tour group.

Let's kayak to "Pollepel" Island and take a walking tour to visit Bannerman Castle. We'll begin our afternoon adventure by taking a leisurely paddle across the Hudson River to "Pollepel" or Bannerman Island. We'll then make our way up from the shore on the walking trails. A Bannerman Castle Historian will then direct a tour along the walkways of the island alongside the former arsenal and residence. Light hiking and many stairs are part of this tour. Round trip paddling distance of approximately 2.5 miles.

This is a guided tour run by a local kayak tour company.

They provide kayak, paddle and PFD/lifejacket as well as instruction before you hit the water. Both single and tandem kayaks are available. Guides are available throughout the tour to help participants. First time kayakers are encouraged to join.

You will need to purchase tickets for the tour. Tour cost is \$100 per person + \$5 processing fee. Limit 20. We are eligible for a 10% group discount.

Please email JeanetteTB for instructions to register for the group tour and receive the 10% discount:

jeanettetb.ny@gmail.com

Sun, Aug 28 - Table & Peekamoose Mountain from Denning Road, 9-1/2 miles - Approx 1,950 feet elevation gain - Rating A

Leader: Roger Green roggr5959@gmail.com

Peekamoose and Table are both required peaks for the 3500 Club. We'll meet at the Denning Road Parking area and hike varied forest on our out and back path over Table to Peekamoose. It's a summer hike, so please bring plenty to drink. Pace is relaxed, but not too relaxed. Must confirm with leader for meeting time. All ADK COVID rules regarding vaccination will apply.

Sun, Aug 28 - Paddle & Swim the Rio Reservoir

Leader: JeanetteTB, jeanettetb.ny@gmail.com

The Rio Reservoir in Sullivan County, NY is a beautiful place to kayak... and is prime eagle-viewing country! We'll stop

midway for a break to swim in the clean water of the reservoir, and may stop for the short hike to a beautiful waterfall. It'll be a somewhat leisurely, but not slow, paddle; we'll cover 5-6 miles. PFD required. Must confirm with leader for meeting place and time. Group size is limited.