



October 2022

## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:

<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly.

### MHADK OUTINGS SCHEDULE OCTOBER 2022

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: **Ginny Fauci**, [gefaucci@gmail.com](mailto:gefaucci@gmail.com) 845-399-2170 (text preferred) or **Lalita Malik**, [Lalitamalik@aol.com](mailto:Lalitamalik@aol.com) (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription

### MID-WEEK PADDLES – Now on Tuesdays!

Leader: Glenda Schwarze [schwar582@aol.com](mailto:schwar582@aol.com) She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.

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### Sun, Oct 2 – Short hike/ramble before the Picnic in Bowdoin Park

**Leader: Sue Mackson, 845-471-9892**

Meet at the picnic site. We will explore the trails at the north side of Bowdoin park. There is a swamp with boardwalk. There are hills, but generally, these are easy trails, through woods and some open areas. As described, we will ramble.

### Sun, Oct 2 – Annual Meeting and Fall Picnic at Bowdoin Park

Annual meeting to be held during the picnic. Chapter members will be asked to vote for a slate of board candidates, and on revisions to our bylaws. Club will provide hamburgers, veggie burgers, hot dogs, buns and condiments for the picnic. Members are asked to bring their own plates, utensils, and drinks and are welcome to bring a dessert, salad or side dish to share. All ADK COVID rules regarding vaccination apply. DEC Naturalist Tom Lake will speak briefly about two “features” of Bowdoin Park: a Bald Eagle nest, and a prehistoric rockshelter that dates to 5,000 years ago.

RSVP Carole Marsh by Tuesday, Sept 27th.

Call 845-849-2044 or email [pcatm43@gmail.com](mailto:pcatm43@gmail.com).

Please include your choice and quantity of hamburgers, veggie burgers and/or hot dogs so Carole knows how many to purchase. Thank you!

### Sun, Oct 9 – Slide Mountain, Catskill 3500 peak – Rated B+

**Leader: Sharon Klein [CatsNGunks@gmail.com](mailto:CatsNGunks@gmail.com) please register with full name and phone number**

Jointly listed with the 3500 club. We will climb Slide mountain, the tallest mountain in Ulster county at over 4000' via the picturesque Curtis Ormsby trail, have lunch at the summit and take in the fall views, then return to our cars. All ADK COVID rules regarding vaccination will apply. Time and meeting place will be confirmed upon registration.

### Mon, Oct 10 – Fuller Mountain Preserve Hike, Warwick, NY, 4 miles, Class B.

**Leader: John Ragusa, [jrjr1059@msn.com](mailto:jrjr1059@msn.com) 917-692-1159**

Part of the Orange County Land Trust. This magnificent 255 acre wooded ravine with a stream running the length of the preserve includes an overlook bearing a striking resemblance to the site of a 1872 painting by Hudson River School painter Jacob Cropsey. Contact Leader for gathering place and time. Bring sturdy shoes and a picnic lunch. All ADK COVID rules regarding vaccination will apply.

**Fri, Oct 14 – Trail Maintenance Hike (moderate) at Minnewaska State Park Preserve**

**Register with Georgette Weir at [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

Join our chapter's trail crew for clipping and camaraderie on the beguiling Blueberry Run Trail at Minnewaska. Beautiful surroundings in a colorful and, usually, cool season. Some tools will be provided or bring your favorite clippers. We will be targeting the lower portion of the trail below the Upper Awosting Carriage Road. All ADK COVID rules regarding vaccination will apply.

**Sun, Oct 16 – Annual leaf peeper hike at Minnewaska, 8 strenuous miles (when off carriage roads).**

**Leader: Roberta Forest [robertaforest@gmail.com](mailto:robertaforest@gmail.com)**

This is a scenic hike, with many good views. Our two main destinations are Gertrude's Nose and Millbrook Mountain. So we will be hiking on both the Gertrude's Nose Trail and the Millbrook Mountain Trail. Both these trails are approached by carriage roads, but once we're on the trails, we'll remain on them all day. As this is a full day hike, bring along plenty of water and food. The leaves should be in autumn colors, so you might want a camera or a sketch pad. Wear layers so you can remove and add some as the day progresses. Exact meeting time and place will be forwarded to those registered for the hike. All ADK COVID rules regarding vaccination will apply.

**Sun, Oct 23 – Slabsides / John Burroughs Nature Sanctuary – About 4.5 miles of of easy to moderate trails**

**Leaders: Roger Green and Barbara Alstadt [roggr5959@gmail.com](mailto:roggr5959@gmail.com)**

ADK member Barbara Alstadt will lead us through the delightful hiking trails of the John Burroughs Nature Sanctuary in West Park, NY. We'll stop briefly outside of Burroughs' hand built cabin Slabsides. There are no scrambles or peaks on this hike, just pretty woods, Fall foliage, passing rock outcroppings, small streams, a swamp, small lake & Black Creek waterfalls. Pace is relaxed to moderate. All ADK Covid rules regarding vaccination will apply. Time and meeting place will be confirmed upon registration.

**Sun, Oct 23 - Fishkill and Scofield Ridges, Hudson Highlands**

**Strenuous, approximately 8 miles**

**Leader: Russ Faller 845-297-5126 (before 9 PM) or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)**

This hike is joint sponsored by AMC, and requires their online registration. Thirteen viewpoints in about 8 miles! Fine fall views of the Mid-Hudson Valley in all directions. An optional stop at the South Beacon Mountain tower offers a 360-degree panorama of the Shawangunks, Catskills, Hudson River and NYC. Most of the time will be on marked trails, but for a short period there will be bushwhacking and hiking on unmarked, unmaintained old woods roads. This loop has some steep grades and a few rock slabs with tricky footing. The pace, typically 1.5 to 2 mph, will be slower on tricky spots and ascents. We'll take rest stops as needed and enjoy all the views. If you like to hike fast you may be frustrated by the pace of this hike. Bring lunch, at least 2 quarts of water, trail snacks and your personal first aid kit. Dress in layers for chilly morning and warmer afternoon temperatures. Hiking boots are recommended, trails tend to be rocky. Significant rain will cancel this hike. Meeting time and place will be sent to participants once they register with AMC and confirm with leader.

**Sat, Oct 29 – Wappingers Greenway Trail Hike back and forth paralleling the Wappinger Creek to Hudson River Viewpoint and Old Cemetery.**

**Leader: Georgette Weir at [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)**

Only 4 miles, but with some ups and downs that may get you huffing and puffing. Compassionate pace. Small group. Contact leader for time and meeting place. All ADK Covid rules regarding vaccination will apply.