



## MID-HUDSON CHAPTER - ADIRONDACK MOUNTAIN CLUB SCHEDULE OF OUTINGS

A more detailed schedule may be found on our web site:  
<https://midhudsonadk.org/>

To join an outing and for details contact the hike leader directly.

**September 2022**

### **MHADK OUTINGS SCHEDULE SEPTEMBER 2022**

The ADK now requires all participants to be vaccinated for COVID-19. Leaders may set rules and limitations for their outings as they deem fit.

**MID-WEEK HIKES** - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Leaders: **Ginny Fauci**, [gefauci@gmail.com](mailto:gefauci@gmail.com) 845-399-2170 (text preferred) or **Lalita Malik**, [Lalitamalik@aol.com](mailto:Lalitamalik@aol.com) (845) 592-0204. They will be held every Thursday, weather permitting. To add your name to the Mid-Week hike list, go to the bottom of the weekly e-mail to update your subscription

### **MID-WEEK PADDLES – Now on Tuesdays!**

Leader: Glenda Schwarze [schwar582@aol.com](mailto:schwar582@aol.com) She will lead quiet water 2 hour paddles with beach put-ins. Starting in May they will be held on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of every month. To add your name to the Mid-Week paddle list, go to the bottom of the weekly email to update your subscription.

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### **Fri, Sep 9 – Hudson Highlands Nature Museum to Black Rock Forest & Return (Cornwall, NY).**

**Leader: Georgette Weir**, [georgette.weir@gmail.com](mailto:georgette.weir@gmail.com)

This will be a moderate meander of about 4 miles (or so it looks on the map; as of this writing, leader has not done this particular route.) We will walk through meadows, pass a couple of ponds, and hike up through woods to some indicated viewpoints, including about halfway along the H. Peter Stern Trail. See NY-NJ Trail Conference West Hudson Trails Map 113. All ADK COVID rules regarding vaccination will apply.

### **Sat, Sep 10 – Easy walk Vanderbilt Mansion trails Hyde Park NY. C ~3 miles**

**Leader: Sayi Nulu**, [sayileela@gmail.com](mailto:sayileela@gmail.com), 845-264 2270 (text preferred)

Starting at the visitor center parking lot we will walk to the mansion and circle it and head towards the gardens. After checking out gardens, we will go on a trail which starts at the corner of the gardens. We will take a snack/lunch break at Bard Rock with a beautiful view of the Hudson River. Most of the trail is flat, occasionally small inclines. Bring water, snacks and dress for the weather. Meet at the Visitor Center parking lot. Confirm with the leader for start time. All ADK COVID rules regarding vaccination will apply. Rain date Sunday, September 11.

### **Sat, Sept 10 – Paddle Ramshorn Livingston Sanctuary**

**Leader: JeanetteTB**, [jeanettetb.ny@gmail.com](mailto:jeanettetb.ny@gmail.com)

We'll launch in Catskill, NY into the Hudson River Estuary, briefly explore the Catskill Creek, then paddle into Scenic Hudson's Ramshorn Livingston Sanctuary. This tidal swamp can be exceedingly beautiful; both Joe Pye and Red Cardinal flower should be in bloom. Those interested can take a short walk to the three-tiered wooden observation tower that looks out over the marsh. Kayaks must be at least 10 feet long with either 2 bulkheads or flotation in front & back. PFD required. We'll cover about 5-6 miles. Must confirm with leader for time.

### **Sun, Sep 11 – Fuller Mountain Preserve Hike, Warwick, NY, 4 miles, Class B.**

**Leader: John Ragusa**, [jrjr1059@msn.com](mailto:jrjr1059@msn.com), 917-692-1159

Part of the Orange County Land Trust. This magnificent 255 acre wooded ravine with a stream running the length of the preserve includes an overlook bearing a striking resemblance to the site of a 1872 painting by Hudson River School painter Jacob Cropsey. Contact Leader for gathering place and time. Bring sturdy shoes and a picnic lunch. All ADK COVID rules regarding vaccination will apply.

## **Sun, Sep 11 to Thurs, Sep 15 – Lows Lake Paddling/Hiking Basecamp – Quiet Water; Relaxed Pace**

**Leader: Russ Faller, 845-297-5126 (before 9 PM), or [russoutdoors@yahoo.com](mailto:russoutdoors@yahoo.com)**

**This outing is joint with AMC. Besides confirming with Russ, this hike requires an online registration with AMC.**

Paddle to Lows Lake via the Bog River Flow, a scenic river twisting & turning through pines and wetlands. It's about 15 mi. from the launch at Lows Lower Dam to the western end of Lows Lake, where we'll camp on a small bluff under towering pines. There's only one short carry of 0.2 mi. at the Upper Dam on a cart-friendly dirt road past the impressive ruins of Abbot Augustus Low's garage. You'll have the option of a 2.2 mi. RT steep trail up Lows Ledge for a spectacular view of the Bog River, Horseshoe & Lows Lakes, Mt. Morris, Blue Mtn. and the Swards & Santanonis before resuming our paddle. Otherwise, you can relax by the water or explore the ruins. Birders can expect to see loons, eagles, gray jays, boreal chickadees, wood warblers & ducks. Lows Lake has one of the largest loon populations in the Adirondacks. Anglers should find opportunities on Lows Lake too. Fishing is reportedly very good.

Other fun activities include:

- 1) 7.5 mi. RT hike to the Oswegatchie River
- 2) 2 mi. RT bushwhack up Grass Pond Mtn. for a sweeping view of Lows Lake and its islands.
- 3) 9 mi. RT hike to Chair Rock on Cranberry Lake
- 4) paddle to see the virgin timber, then 1.25 mi. RT bushwhack up Tomar Mtn. for another view of Lows Lake & Grass Pond Mtn.
- 5) paddle through a large wetland to Bog Lake, with an optional 0.5 mi. RT carry or walk to Clear Pond.

Arrive whenever on Sept. 11th. We'll camp near our cars on Horseshoe Lake.

Day-of-arrival options:

- 1) paddle undeveloped Horseshoe Lake and/or explore its wild Outlet in an attempt to reach the Bog River
- 2) 2.5 mi. RT hike to Trout Pond.

Boat rentals and gear are available in the area, but you may need to cartop them to the launch site. Contact leader for rental info. All ADK COVID rules regarding vaccination will apply.

## **Sun, Sep 18 – Paddle to The Furgary Shacks in Hudson, N.Y.**

**Leader: JeanetteTB, [jeanettetb.ny@gmail.com](mailto:jeanettetb.ny@gmail.com)**

We'll launch into the Hudson River Estuary in Hudson, N.Y. and circle the Hudson Athens Lighthouse. Then we'll explore "The Furgary", a cluster of century-old fishing shacks on the Hudson River estuary's once prosperous shad fishery. We'll learn about the history of the shacks and about the effort to preserve the 17 remaining shacks. Then we'll explore the Middle Ground Flats before returning to the launch. Total mileage about 5-6 miles at a moderate pace. Kayaks must be at least 10 feet long with either 2 bulkheads or flotation in front & back. PFD required. Must confirm with leader for time. All ADK COVID rules regarding vaccination apply. Space is limited.

## **Fri, Sept 23 to Sun, Sept 25 – ADK's Centennial Celebration & Fall Outing**

Cold River Chapter is hosting ADK's Centennial Celebration & Fall Outing on September 23 – 25, 2022 at the Silver Bay YMCA Conference & Family Retreat Center in Silver Bay, NY (near Hague). <https://midhudsonadk.org/2022/01/04/adks-centennial-celebration-fall-outing-2022/>

If you haven't been to any other Fall Outing, this is the one you shouldn't miss. The YMCA is on Lake George, with spectacular views of the lake and mountains, and has boats, tennis courts, hiking trails and a gym. If you don't want to stay at the hotel, you can come on Saturday just for the day and join us for a barbecue dinner, or you can camp nearby at NYS Rogers Rock Campground. There will be 60 outings, including a pontoon boat tour of Lake George, musical entertainment on Friday night by Dan Berggren and Jamcrackers, and a special guest speaker on Saturday night – noted environmentalist and author Bill McKibben